

South Caineville Mesa

HIKING

A pioneer's cabin, still standing on the mesa.

CAPITOL REEF COUNTRY TRAIL GUIDE



8.2 miles

DISTANCE

1,400 ft

ELEVATION GAIN

Strenuous

DIFFICULTY

4-6 hrs

EST. TIME

LOCATION

Near Caineville, Utah.

TRAIL TYPE

Out-and-back.

TRAIL DESCRIPTION

A Fremont River crossing and steep climb through Mancos Shale ridges lead to a rolling plateau and the historic Steele Sheepherder's Cabin, with panoramic views of the Henry Mountains, Factory Butte, and Capitol Reef.

DIFFICULTY NOTES

The initial ascent is particularly demanding; the plateau beyond is more manageable.

KNOW BEFORE YOU GO

Dogs allowed; no fees. Nearest services: Caineville, Hanksville area. Pack out everything you pack in. Flash floods can hit canyons fast from distant storms — check the forecast first.

EQUIPMENT

Physical map, first aid kit, extra water.

COORDINATES

38.34489, -110.98487 (Trailhead)

Coordinates are a navigation aid — conditions change, so always verify current road and trail status before you go.

SAFETY

Check weather forecasts for flash flood risk; notify someone of your route.

TRAIL TIP

The old cabin near the summit is worth the steep climb — a genuine piece of homestead history.

