

# COOKS MESA

Enjoy a Rim with a View.



## LOCATION

One mile east of the last motels on Highway 24 you will find a turn-out on the north side of the road. Park here and go about 100 yards to the foothill where the trail begins.

## TRAIL TYPE

This trail is for hiking only.

## DISTANCE

This map takes you 2.1 miles, (3.4 km). on the hike, but you can continue to follow the rim as it winds west. Elevation at the trailhead is 6431 ft. with a total gain of 836 ft.

## DIFFICULTY

Cooks Mesa is a relatively easy trail with some parts being moderately difficult.

## TRAIL DESCRIPTION

The trail follows the bench along the rim and consists of mostly rock, gravel, some short sections of sand.



## EQUIPMENT

No extra equipment is required to do this hike.

## ENVIRONMENT

The best time of year to do this hike is summer and fall.

## SAFETY

Be mindful of any ice in winter months as it will make the trail difficult and dangerous.



## TAKE IN THE VIEWS.

All along the rim you will find views of the Torrey area, the Boulder Mountains and east toward Capitol Reef National Park. The best views will be seen early morning or late afternoon while the sun is rising and setting.

## GET A CLOSER LOOK.

The trail begins at the base of the foothill and goes upward to the bench that is below the red rock formations. As you hike along the trail you will get up close to the incredible rock formations that have been created from years of erosion and change.



**Trail tip:** Though this hike is beautiful anytime, we recommend you do this hike at sunrise in the warmer months. Winter hikers should be mindful of ice in shaded areas.

If you have any further questions, please contact us at:

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## DO IT AT YOUR OWN PACE.

This trail is 2.1 miles to the top of the mesa but does continue around the rim. This is a great place to explore and take in the views of the valley below.





